

Scheduled Menus Planned for Week of 10/22/2017 thru 10/28/2017

Chedgy, Victoria A 56010

October 22, 2017 Sun	October 23, 2017 Mon	October 24, 2017 Tue	October 25, 2017 Wed	October 26, 2017 Thu	October 27, 2017 Fri	October 28, 2017 Sat
Breakfast						
	Aldi Corn Flakes (130) Oranges (025)	Raisin Bread (103) Cranberries (011)	Wheat Bread (040) Grapes (018)	Pancakes / Waffle (053) Oranges (025)	Cheerios (plain o (151) Bananas (004)	
	1% or Skim Milk a (8)	1% or Skim Milk a (8)	1% or Skim Milk a (8)	1% or Skim Milk a (8)	1% or Skim Milk a (8)	
AM Snack						
	Lowfat Cheese (101) Apples (001)	Frosted Shredded (166)	Animal Crackers (121) Pear-Apple Juice (072)	American Cheese (082) Wheat Crackers (118)	Yogurt (116)	Nectarines (024)
		1% or Skim Milk a (8)				
Lunch						
	Chicken Breasts (026) Seven Grain Bread (036) Corn (168) Cantaloupe (008) 1% or Skim Milk a (8)	Beef Ground (003) Hi Ho / Ritz Crac (111) French Fries (173) Peppers, Green (177) 1% or Skim Milk a (8)	Tuna (046) Pita Bread (030) Green Beans (176) Apples (001) 1% or Skim Milk a (8)	Peanut Butter & M (114) Bagel (002) Celery (166) Strawberries (037) 1% or Skim Milk a (8)	American Cheese (082) Wheat Bread (040) French Fries (173) Mixed Vegetables (184) 1% or Skim Milk a	
PM Snack						
	Bananas (004) 1% or Skim Milk a (8)	Yogurt (116) Saltine Crackers (115)	American Cheese (082) Cantaloupe (008)	Cheese Crackers (105)	English Muffin (015)	
				1% or Skim Milk a (8)	1% or Skim Milk a (8)	
Dinner						
Evening Snack						